



TREK SUSPENSION SET-UP

	Top Fuel				Fuel EX		Remedy													Session											
	Fox RP23		DT Swiss XR Carbon		Fox RP2 / RP23		Lyrik U-Turn IS Fork			Lyrik 2-Step Air Fork			Fox 36 Talas Fork			Fox RP2 / RP23 Shock				Rock Shox Totem Coil MC				Fox 40 RC			Fox DHX Coil 5.0				
							Remedy 7			Remedy 8			Remedy 9			Remedy 7, 8, 9				Session FR				Session DH			Session FR, DH				
Travel (mm)	100		100		120		160		160		160		150					180		203		203									
Stroke (mm)	38		38		50		160		160		160		57					180		180		71									
Sag (%)	20-25		20-25		25	20			20			20			30-35				25				35								
Sag (mm)	8-10		8-10		12	32-34			32-34			32-34			17-20				45				51			71					
Rider (lbs / kg)	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring	IS Comp	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Rebound clicks out	Platform Lever	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Rebound clicks out	ProPedal	Boost Valve	
100 / 45	108	7	63	25	50	7	White	8 clicks out from slow	11	60	Low Speed: 14 clicks out from slow	11	42	Low Speed: 8 clicks out from slow	13	120	7	ON for platform, OFF for more active	White	10 clicks	7 clicks	8	Purple	12 clicks	14 clicks	10	300 lbs	14	0 clicks in	150 PSI	Max volume mark
110 / 50	115	6	70	23	60					65			43			125															
120 / 55	122		77	21	70					70			45			130															
130 / 59	128		83	20	80					75			48			132															
140 / 63	135		90	19	90					80			50			135															
150 / 68	142	5	97	18	100	10	Yellow	10	85	Low Speed: 12 clicks out from slow	10	55	Low Speed: 7 clicks out from slow	12	140	6															
160 / 73	148		103	17	110				90			60			150																
170 / 77	155		110	16	120				95			65			155																
180 / 82	162	4	117	15	130	9	Red	6 clicks out from slow	100	High Speed: 10 clicks out from slow	9	70	High Speed: 10 clicks out from slow	11	160	6															
190 / 86	168		123	14	135				105			73			165																
200 / 90	175		130	13	145				110			76			170																
210 / 95	182	3	137	12	160	8	Black	5 clicks out from slow	115	Low Speed: 10 clicks out from slow	8	80	Low Speed: 6 clicks out from slow	9	175	5															
220 / 100	195		144	11	165				120			83			180																
230 / 104	208		151	10	175				125			90			190																
240 / 109	222	1	158	9	185	130	Blue	6 clicks out from slow	130	High Speed: 9 clicks out from slow	9	90	High Speed: 8 clicks out from slow	11	195	6															
250 / 113	242		165	8	195				135			90			200																

Sag measurements and air pressure adjustments must be made with ProPedal lever in the OPEN position